

Tops in Blue

Tech. Sgt. William Webb, 380th Expeditionary Services Squadron, gets a personal serenade during the Tops in Blue performance here Aug. 1. For more photos, see Page 6. Photo by Senior Airman Elijah Roberts

SGLI increases to \$400,000, Sept. 1

By the 380th Expeditionary Mission Support Group PERSCO

President Bush signed legislation May 11, 2005, to increase maximum Serviceman's Group Life Insurance coverage to \$400,000, effective Sept. 1, 2005 and provide payouts of up to \$100,000 for service members with traumatic injuries, effective Dec. 1, 2005. Maximum coverage is automatic unless you opt out.

Servicemember's enrolled in SGLI will notice an increase in their premium deductions when the law takes effect; however, the SGLI rate remains the same —

6.5 cents per \$1,000 of insurance. This means the SGLI premium for \$400,000 will cost \$26. per month. SGLI is currently available in increments of \$10,000. As of Sept. 1, 2005, SGLI will be available only in increments \$50,000. Please note that the forms required to make any changes to existing SGLI coverage are not yet available. PERSCO does not yet have a publication date for these forms and they have been informed that information will be posted on the Veteran's Administration website shortly. For more information, call PERSCO at 2-0083.

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Joint, coalition synergy in CAOC

By Staff Sgt. Chyenne A. Griffin Central Command Air Forces Forward Public Affairs

The Central Air Forces Combined Air Operations Center (CAOC) is a true Total Force, joint and Coalition team, staffed by active-duty, Guard and Reserve forces from the U.S. Air Force, U.S. Army, U.S. Navy, U.S. Marine Corps, and Coalition partners — including air force and army elements from Australia, Japan, New Zealand, United Kingdom, Republic of Korea, and Singapore.

"The partnership between the people of these great nations and services is solid," said Lt. Gen. Walter E. Buchanan, III, Combined Forces Air Component Commander (CFACC). "It is based on a shared commitment to peace and freedom."

The capability created by this advanced operations center has changed the next generation of warfare and furthered the commitment to the Global War on Terrorism. The CAOC — both team members and equipment — became fully operational Feb. 18, 2003 and stands as the only warfighting Coalition operations center of its kind currently in the Southwest Asia theater of operations. Patriots from all these

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Selflessness

A reminder of a common bond between Airmen

We've answered a

higher calling, not

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for money or

By Maj. Timothy J. Heintzelman

380th Expeditionary Security Forces Squadron Commander

I'm reminded everyday why I'm so proud to be in the Air Force. You always hear about the Air Force core values, "Integrity, service before self, and excellence in all we do." While we hear about these often, I'd like to focus on one of the three core values that I've personally seen around the 380th Air Expeditionary Wing and some of the effects that I've witnessed.

The core value is service before self. Everyone here is doing this already. We just have to be reminded every once in a while.

For one thing, none of us were drafted. We volunteered to serve our country. We left our families and friends to come here, a half a world away, and defend others. There are better paying jobs out in the civilian sector — jobs where you are not deployed from your loved ones for 120 to 180 days at time. We chose a profession

that demands so much from our young men and women. Sometimes it needs to be pointed out just how selfless our Airmen are.

When we entered the military we chose a life where we frequently miss the happy times that are to be enjoyed such as holidays, anniversaries, and births. We even miss first moments in life that will never happen again, such as first steps, first words, and for those with older children, first dates and first heartbreaks. We chose a life where we not only miss the happy times in life, but we also miss the hard times. These are the times when we're needed most at home but we all sacrifice for a call greater than our own. Those at home are left to deal with the heartaches, illnesses, injuries, and sometimes even deaths. We miss the times when others need us and we are left to

deal with the emotions from these events without the comfort of loved ones.

Through all the difficult times it's sometimes hard to keep going. It's hard to stay motivated and continue to press forward each day. But we all do it. We wouldn't be here if we weren't dedicated. Right now, somewhere in the world, there is a wife, husband, father, mother, son,

daughter, grandmother, grandfather, aunt, or uncle, that is proud to say we are here defending our nation. We've answered a higher calling, not for money or glory, but to make sure that those at home are safe and those around the world might one day enjoy peace.

Not too long ago, on my way over here to join this group of selfless individuals performing their jobs day in and day out, I witnessed something truly remarkable. It

was the appreciation of a nation grateful for the sacrifices we perform everyday. The outright applause in the airport lobbies, the hand shakes from strangers, and the heartfelt "thanks" from young and old alike, all directed at our troops returning back home. We come back to a nation that truly understands and appreciates service before self.

Quick reference Most frequently dialed on base numbers: CE Help Desk 2-0086 Vehicle Ops 2-1800/1808 Command Post 2-0109/0110 Dining Hall 2-0214

Commander's Forum

If you have a question or comment you would like to send directly to the wing commander, **Col. Darryl Burke**, send an e-mail to **380aew.pa@adab.centaf.af.mil**. The Commander will provide a direct response by e-mail for most issues. However, Public Affairs will consolidate repeat questions and print the responses in the weekly *Sand Script* for widespread dissemination.





Air Expeditionary Force 5/6

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To submit ideas, e-mail 380aew.pa@adab.centaf.af.mil. The newspaper staff reserves the right to edit all submissions for content, policy and style. Acceptance of inputs by the newspaper staff does not guarantee publication.

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Playing too hard

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In the last year, 44 people have been treated for basketball injuries here, with 30 of those injuries involving either an ankle or knee. At least three of those injured had to be sent home due to these injuries, meaning three people had to come to the AOR on short notice and replace them. Note:

- ■Always warm up and stretch.
- ■Play only your position and know where other players are on the court to reduce the chance of collisions. Don't hold, block, push, charge, or trip opponents.
- ■Select basketball shoes that fit snugly, offer support, and are non-skid. Shoes should be basketball specific with lots of ankle support and shock absorption.
- ■If you wear glasses, use safety glasses or glass guards to protect your eyes.

The Combat Dining-In is Aug. 19 on the soccer pad. See your first sergeant for details.

The following is a typical list of rules of the mess. They are designed to conform to the tradition and promote levity. Violators of the rules are subject to the wrath and mischievousness of Mr. Vice. All assigned punishments and penalties will be carried out before the membership.

- Thou shalt arrive within 10 minutes of the appointed hour.
- ■Thou shalt make every effort to meet all the guests.
- ■Thou shalt move to the mess when thee hears the chimes and remain standing until seated by the President.
- ■Thou shalt not bring cocktails or lighted materials into the mess.
- ■Thou shalt participate in all toasts unless thyself or thy group is honored with the toast.
- ■Thou shalt not leave the mess while convened.
- ■Thou shalt ensure that thy glass is always charged when toasting.
- ■Thou shalt keep toasts and comments within the limits of good taste and mutual respect. Degrading or insulting remarks will be frowned upon by the membership. However, good natured needling is ENCOURAGED.
- ■Thou shalt not murder the Queen's English.
- ■Thou shalt always use the proper toasting procedures.
 - ■Thou shalt not open the hangar doors.
- ■Thou shalt consume thy meal in a manner becoming a gentle person.
- ■Thou shalt not laugh at ridiculously funny comments unless the President first shows approval by laughing.
- ■Thou shalt express thy approval by tapping thy spoon on the table. Clapping of thy hands will not be tolerated.
- ■Thou shalt not question the decisions of the President.
- ■When the mess adjourns, thou shalt rise and wait for the President and guests to leave.
- ■Thou shalt enjoy thyself to the fullest.

 Note: some rules may be modified to fit
 the combat environment.

Providing more than just cold air

By the 380th Air Expeditionary Wing Public Affairs

People enjoy a little quiet time, but when the air conditioning cuts off, that's not the quiet time anyone enjoys. In a tent, it takes less than a minute for the canvas space to feel stifling when the air conditioning (AC) suddenly stops. An office space is no less ideal

When that happens – and it probably will – meet your new best friends: the Heating, Ventilation, Air Conditioning/Refrigeration Shop.
The nine-person staff did not come to the desert for vacation, according to Chief Master Sgt. Chris Stanifer, 380th Expeditionary Civil Engineer Squadron. "Seven days a week, twenty-four hours a day, they work tirelessly to maintain various pieces of equipment — a vast majority of which are over 20 years old, in an attempt to give personnel a good work, sleep, and rest environment."

Just like regular maintenance on anything else, Staff Sgt. William Estell, 380 ECES technician, offers the most important advice. "Clean your filters!" He also said doing this one thing, as well as ensuring items don't obstruct air flow to the equipment, are the biggest things customers can do to help themselves.

Since the equipment here is expeditionary – and not meant for long term use – breakdowns are bound to happen. When the equipment breaks down, Sergeant Estell asks that people "have a little more patience." While a customer may think that repair technicians have taken their time to get to that particular broken AC unit, that's not the case. According to the chief, more than 400 work requests were made last month and he said that is a lot of work for just nine people.

Also, when a technician comes out, Sergeant Estell said, "There is a lot of equipment that we encounter that we have never seen before." He said they can repair problems relatively fast; however, "Some problems are very complex and require parts that aren't available anymore ... (and) we have to get creative to help the customer."

There are more than 1,200 AC units on base and Lt. Col. Jeffrey Pitchford, previous 380th Expeditionary Civil Engineer Squadron



Sweat drips off Senior Airman Christopher Kuhn's face as he works on a broken air conditioning unit in the 110+ degree desert heat. Airman Kuhn, deployed from Wright-Patterson AFB, Ohio, is assigned to the 380th Expeditionary Civil Engineer Squadron and is one of 9 Airmen here who save the day when an air conditioning unit is broken. Photo by Master Sgt. Cheryl L. Toner

Commander, who spent a year here, said, "It's amazing what they accomplish," he said that many of the AC units are old and "ready for the scrap heap." Yet, he said, "Somehow, they keep them going and get everyone cool again."

AC units are not the only items the team fixes. They also repair and maintain ice machines and other food service and air movement equipment, according to the chief, and more than half of the calls come after normal business hours. The team has also found time to install 10 new units to enhance cooling capabilities around the base, according to the chief.

"I love what I do here because I understand that our shop is a crucial part of the mission," said Sergeant Estell, who is deployed from Bolling AFB, D.C.. "There's really not one facility on the installation that can function without the resources that our shop provides, as well as the rest of the shops in CE." Sergeant Estell said that people sometimes don't think about what CE does until something breaks, from air conditioning and electricity to running water and shelters. "We have a really good group of guys here," he said.

Colonel Pitchford echoed his comments. Since the technicians are called out when the AC isn't working, "It's an almost impossible job, but they get it done." He said, "Think about it — everywhere they (come to) work, there is no working AC!"

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Moving parts

Senior Airman Dale Webb, deployed from Incirlik AB, Turkey, and Master Sgt. Margaret Patterson, deployed from McGuire AFB, N.J., check in cargo from aircraft on base. The cargo will be transported to repair facilities. On average, they move 150 items monthly throughout the world. "During this rotation, we have transported items as small as screws, nuts, and bolts and as large as wings, engines, and tires for aircraft," said Sergeant Patterson. "Just this week, we have processed numerous generators for locations up North (in Iraq)." Photo by Senior Airman Elijah Roberts

Total force, joint, coalition synergy in evident in CAOC

continued from Page 1

different nations have worked side-by-side planning and executing operations in support of Operations Enduring Freedom and Iraqi Freedom, and Combined Joint Task Force - Horn of Africa ever since.

On an average day, Coalition members at the CAOC control approximately 70 combat sorties, 30 combat support sorties, 140 airlift sorties, and 40 tanker sorties. Many of these sorties provide protection to Coalition ground forces, support ground force operations, and deter attacks on people and infrastructure in Afghanistan and Iraq.

Royal Air Force Air Commodore Mike Barnes, U.K. Air Component Commander, said that for U.K. personnel to work in this environment is a golden opportunity.

"Not only are we delighted to contribute to the Coalition but we are excited to have the opportunity to exchange views and ideas with those who have similar doctrines to ourselves," the air commodore said. "Understanding the inner-workings of various nations', ground and air operations is an extremely good learning experience for us all."

Inter-service rivalries, proud national histories, language barriers and different ways to do the same thing occur on a daily basis, but nothing has proved insurmountable.

"Where the rubber meets the road it's all serious," said Lt. Col. Tom W. McKnight, deputy Marine Corps Liaison Officer. "Interservice rivalry is part of inter-service pride and I'd be disappointed if there wasn't a little bit of good natured pride in the workplace."

Commander Kenneth J. Reynard, Navy and



The Central Air Forces Combined Air Operations Center is staffed by active duty, Guard and Reserve forces from all the U.S. services as well as Coalition partners. Some services represented at the center include (from left) the Royal Australian Air Force, U.S. Army, U.S. Marine Corps, Royal Air Force, New Zealand Air Force and Canadian Air Force. Servicemembers work side-by-side planning and executing operations for Operations Enduring Freedom and Iraqi Freedom as well as Combined Joint Task Force-Horn of Africa. Photo by Staff Sqt. Chyenne A. Griffin

Amphibious Liaison Element Officer, said he's very proud of this assignment and has learned more from this tour than any other.

"I've learned more in a 100 days here than in nearly two years worth of joint assignments," he said. "This is a true operational environment with a higher mission and more intense focus. It's a very small contingent of people with a lot of very different and very important responsibilities. It makes you very proud to be a part of it all."

That pride and morale serves the joint and Coalition operations officers well as they maintain a round-the-clock presence and serve as liaisons between their nations' headquarters and Central Command

One Team, One Fight!

(CENTCOM) headquarters elements, along with monitoring, scheduling, executing, and supporting their assets in theater in support of CFACC's intent and objectives. All the while they ensure compliance with their owning nation, host nation, CENTCOM, and CENTAF policies and rules of engagement.

"This is very much a joint and Coalition fight," said Brig. Gen. Allen G. Peck, Deputy CFACC. "Joint Force Commanders set the operational objectives and airpower has a key role in achieving those objectives – all of which could not be done without robust, 24/7 operations and intelligence coordination, synchronization, and fusion in the CAOC."

Air Commodore Barnes agreed. "We remain fully engaged with our Coalition partners and our host nation governments," he said. "Our aims and intent are aligned — we will do whatever it takes to ensure that peace and stability remain enduring."

The CFACC says the Coalition partnership at this one-of-a-kind weapon system called the CAOC continues to provide all who work within its walls experience and exposure with war doctrine.

"We're working with our international partners to remove the causes that enabled terrorism to take root and ensure that these countries do not revert to an ungoverned land used as a safe haven by terrorists," said General Buchanan. "Through our global partnerships, we are sending a message to our enemies that there is not a place in the world where they are safe."





'Idol' competition brings out singers and dancers



The 380th Air Expeditionary Wing Base Advisory Council (BAC) put on an "Idol" competition here July 29. Performing were Staff Sgt. Jason McDowell, playing piano and guitar, Master Sgt. Jeff Pritchett, singing; Staff Sgt. Tinisha Edwards, singing (above left); Airman 1st Class Matthew Russell playing guitar (1st place, at left); Senior Airman Brian Williams, rapping with music (runner up, bottom left); Tech. Sgt. David Fisher with Senior Airman Lauren Coats, singing with music (below second from left); Senior Airman Thomas Crummett, dancing with music (below third from left); Tech. Sgt. Richard Grimes with Senior Airman Jason Williamson, rapping with music (below fourth from left); and Staff Sgt. Jessica Darby (bottom right) did a praise dance performance while judges chose the winner. Judges (directly below, from left) were Master Sgt. David Salathe and Staff Sgts. Eunice Holley and Zachary Riggan. BAC president Staff Sgt. Dennis Crosby said, "The Idol competition was a great success! (We) needed comic relief to lighten the load of everyday mission life and the BAC was honored to be the sponsor."



Photos by Senior Airman Elijah Roberts



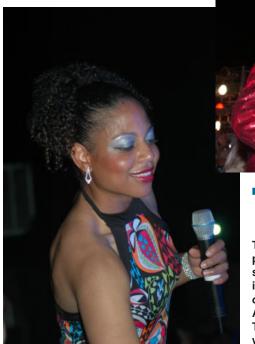






One Team, One Fight!







The Air Force's premier performance troupe pulled out all the stops in a high-powered show here Monday night. Members of Tops in Blue sang and danced, as well as fanned out into the audience to sing to some 380th Air Expeditionary Wing members. Above, Capt. Tonya Brown, of the 380 AEW Protocol Office, was serenaded during the show. Photos by Senior Airman Elijah Roberts



Nate Pearce

The Nate Pearce country band is set to perform Aug. 18 at 8 p.m. The six-person band from Fresno, Calif., which formed in 2000, is touring military bases in the Middle East.

Bursting with ideas?

Let your voice be heard! If you want to be involved in what happens here, the Base Advisory Council meets every Monday at 6 p.m. in the Levitow Room in the dining facility. The meeting is open to everyone.





Airman 1st Class Aaron M. Reed 380th Expeditionary Security Forces Squadron

Hometown: Prior Lake, Minn. **Home station**: Hanscom AFB, Mass.

Time in service: 2 years, 5 months Goals while here: Pickup as much AEF experience while here to pass on to others that will follow him. Work hard for career advancement. Shirt's comments: Airman Reed is a truly energetic Airman with a positive attitude. He has demonstrated a high degree of professionalism while performing his duties in the Vehicle Search Area providing a great first impression to those individuals entering the base. Airman Reed personifies the basic core values of the Air Force, integrity first, service before self, and excellence in all we do. It has been a pleasure to have him in my squadron.

AROUND THE AIR FORCE





Space experiments

INTERNATIONAL SPACE STATION—A Space Shuttle Discovery astronaut installs a special carrier on the International Space Station that houses Air Force Research Laboratory experiments. Courtesy photo

EL FASHER, Sudan — Staff Sgt. James Howard watches over Rwandan troops as they depart the aircraft. The United States is providing transportation for 1,200 Rwandan forces to Sudan in support of the African Union Mission. Sergeant Howard is with the 86th Air Expeditionary Group. Photo by Staff Sgt. Bradley C. Church

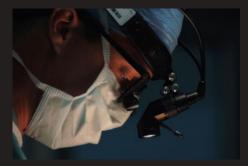




BALAD AIR BASE, Iraq — Airman 1st Class Matthew Reynolds prepares a .50 caliber machine gun for a convoy recently. Detachment 2 is responsible for protecting convoys across Iraq. Courtesy photo

Securing a fin

SPANGDAHLEM AIR BASE, Germany — Senior Airman Mike Miller secures mark-82 bomb fins for a future live fire exercise here. Airman Miller is a munitions crewmember with the 52nd Equipment Maintenance Squadron. Photo by Master Sgt. John E. Lasky



Surgery

CUENCA, Ecuador — Maj. (Dr.) Ted Ferguson performs reconstructive surgery on 14-year-old Adrian Puata to repair his cleft lip during a 12-day medical readiness training exercise here. Dr. Ferguson is part of a seven-person plastic surgery team from Wilford Hall Medical Center at Lackland Air Force Base, Texas. Photo by Master Sgt. Efrain Gonzalez

CALENDAR...Aug. 5-11



Today: 3 p.m., A Few Good Men; 8 p.m., Hellboy; 11 p.m., Rebound.

Saturday: 3 p.m., Top Gun; Outdoor movie after bingo, Fantastic 4; 8 p.m., 50 First Dates; 11 p.m. Redemptions.

Sunday: 3 p.m., Down to Earth; 8 p.m., Paid in Full; 11 p.m., Save the Last Dance.

Monday: 3 p.m., Lion King 1 1/2; 8 p.m., Glory; 11 p.m., Men of



Honor.

Tuesday: 3 p.m., Martin Lawrence: Runteldat; 8 p.m., Bad Boys; 11 p.m., Bad Boys 2.

Wednesday: 3 p.m. Fantastic Four; Dinner & a Movie (dining hall) to be determined; 8 p.m., Fade to Black; 11 p.m., Don't be a

Menace.

Thursday: Driver's Safety Orientation; 8 p.m., Fantastic Four; 11 p.m., Manchurian Candidate.

SEVEN SANDS CHAPEL SCHEDULE

Protestant services

Sunday worship: Contemporary Worship Service, 10:30 a.m. in the base theater. Traditional/Liturgical Service is in the chapel at 6:30 p.m.

Catholic services

Mass Schedule: Saturdays at 5 p.m., Sundays at 9 a.m., Confessions are held Sundays at 8:30 a.m.

Praise team musicians and sound board technicians are needed. For more information, contact the chaplain's office at Ext. 2-0099.

Times and activities subject to change

FEEL THE BURN! Head to the basketball court at 5 a.m. or the drill pad at 8 p.m. for cardiokickboxing Monday, Wednesday and Friday.

Have you got the power?

You've spent months working on getting in better shape, so why not show off your skills? There will be a powerlifting competition Aug. 14 at 7 p.m. on the basketball court. There will be three lifting categories: squat, bench and deadlift. Males will compete in three categories: light, up to 150 pounds; middle, 151-200 pounds; and heavy, 200 pounds and over. Females will compete in two categories: light, up to 135 pounds and heavy, over 135 pounds. Sign up at the Oasis Community Activities Center to compete.

Hours of Operation



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| Agency | Hours of Operation | Phone |
| Barber shop | Daily, 9 a.m6 p.m. Closed 1-2 p.m. for lunch. | 462-0218 |
| Base exchange | Monday-Saturday, 10 a.m8 p.m. Sunday, 9 a.m6 p.m. | 462-0148 |
| Medical clinic | Monday-Saturday, 8 a.m4 p.m. Sunday, 8-10 a.m. Sick call, 8-10 a.m. Routine care or out-processing personnel, 10 a.m4 p.m. | 462-0555 |
| Finance | Daily, 9 a.m5 p.m. Closed Fridays Closed 11 a.mnoon for lunch. | 462-0227 |
| Post office | Monday-Sunday, 9 a.m5 p.m. Closed Fridays. | 462-0439 |
| Lodging | Every day, 7 a.m7 p.m. | 462-0314 |
| Oasis CAC | Open 24 hours. Closed for shift change 6:30-7 a.m. and 6:30-7 p.m. | 462-0228 |
| Hideaway CAC | Open 24 hours. Closed for shift change 6:30-7 a.m. and 6:30-7 p.m. | 462-0006 |
| Jeema Springs Café | Breakfast, 5-8 a.m. Lunch, 11 a.m2 p.m. Dinner, 5-8 p.m. Midnight meal, 10:30 p.m 1:30 a.m. | 462-0214 |
| Flightline dining facility | Breakfast, 6-8:30 a.m. Lunch, noon-2:30 p.m. Dinner, 6-8:30 p.m. | 462-3144 |
| Pass and Registration | Monday-Saturday, 8 a.m5 p.m. Closed Sundays | 462-0107 |